



A PROCLAMATION AUTHORIZING RECOGNITION OF NOVEMBER 2018 AS NATIONAL FAMILY CAREGIVERS MONTH

WHEREAS, the ten-county Capital Area Council of Governments (CAPCOG) is home to more than 314,837 citizens age 60 years or older; and,

WHEREAS, 3.4 million family caregivers are the backbone of the Texas long-term care system, providing an estimated \$26 million worth of unpaid care each year; and,

WHEREAS, 2 out of 5 adults are family caregivers with 39% of all adult Americans caring for a loved one who have chronic conditions or a disability; and,

WHEREAS, the total estimated annual economic value of uncompensated care provided by the nation's family caregivers is estimated at \$470 billion; and,

WHEREAS, 30% of veterans' caregivers care for a duration of 10 years or more as compared to 15% of caregivers nationally. and,

WHEREAS, on average caregivers spend 13 days per month on tasks such as shopping, food preparation, transportation and medication management, and ,

WHEREAS, the Capital Area Council of Governments continues its efforts to support caregivers with a wide array of services including education, in-home services, home modifications, and long term planning to build caregivers capacity to better care for themselves as they care for others; and,

THEREFORE, BE IT RESOLVED, that the Executive Committee of the Capital Area Council of Governments declares the month of November 2018 to be National Family Caregiver Month in the CAPCOG Region to bring awareness to the hours of uncompensated care provided by Family Caregivers throughout the CAPCOG region.

Resolution adopted by the Capital Area Council of Governments Executive Committee on this 10th day of October, 2018.

Mayor Corbin Van Arsdale, Chairman
Executive Committee
Capital Area Council of Governments

Judge Paul Pape, Secretary
Executive Committee
Capital Area Council of Governments